

Dyslexia is a neurological difference and can have a significant impact during education, in the workplace and in everyday life. As each person is unique, so is everyone's experience of dyslexia. It can range from mild to severe, and it can co-occur with other learning differences. It usually runs in families and is a life-long condition.

It is important to remember that there are positives to thinking differently. Many dyslexic people show strengths in areas such as reasoning and in visual and creative fields. https://www.bdadyslexia.org.uk/dyslexia/about-dyslexia

Helpful websites:

https://www.bdadyslexia.org.uk/dyslexia

https://www.dyslexia.uk.net/